



# MEDICAL BOARD OF CALIFORNIA

Protecting consumers by advancing high quality, safe medical care.

## Enforcement Program

2005 Evergreen Street, Suite 1200  
Sacramento, CA 95815-5401  
Phone: (916) 263-2525  
Fax: (916) 263-2473  
[www.mbc.ca.gov](http://www.mbc.ca.gov)

Gavin Newsom, Governor, State of California | Business, Consumer Services and Housing Agency | Department of Consumer Affairs

February 19, 2019

Constance Roseann Tambakis-Odom, M.D.  
12 Nun Street  
Wilmington, NC 28401-5016

RE: Physician's and Surgeon's Certificate No. A 128357  
Case No. 800-2018-050744

### Public Letter of Reprimand

On November 6, 2018, the North Carolina Medical Board issued you a letter of concern for writing hormone prescriptions for an immediate family member from November 2014 to March 2016, and prescriptions for controlled substances in 2013, 2015, and 2016. None of the inappropriately prescribed prescriptions were adequately documented in a medical record. You also wrote a controlled substance prescription for a friend in March 2013.

These actions constitute a violation of California Business and Professions Code sections 141(a), 2234 and 2305.

Pursuant to the authority of the California Business and Professions Code section 2233, you are hereby issued this Public Letter of Reprimand by the Medical Board of California.

  
Kimberly Kirchmeyer  
Executive Director